

# Ushodayam

Newsletter of the Ushodaya Enclave, BHEL HIG 2

## Community Living

**BY SHRI R K WANCHOO**  
**RETD. EXECUTIVE DIRECTOR (22, USHODAYA ENCLAVE)**

Dear Fellow Residents,

It is very heartening that Ushodaya Enclave has brought out a monthly newsletter to facilitate interaction between residents. It is a praise worthy step towards achieving socially vibrant and inclusive community living in our colony.

We humans, being social animals, need to live and work with fellow human beings in a community where we not just survive but thrive. This newsletter will hopefully go a long way in bringing us closer to one another.

Communities inspire their members in ways that promote a sense of self-discovery and group connection, encourage members to express their beliefs and values and build relationships with others. Positive experiences within communities allow individuals to feel more connected to their environment and to the people in it. The connection can act as a support system for members when they require encouragement or help. It can have a beneficial impact on individuals by helping them avoid negative outcomes by providing a sense of belonging and directing members' attention and energy towards useful activities.

Ushodaya Enclave's Management Committee is reactivating itself after a period of lull created by the devastating pandemic which has engulfed us for almost two years now. Some of the initiatives launched by it last month, such as CCTV surveillance and website initiation, will help the colony to overcome challenges in security and in communication. I earnestly hope this momentum will be sustained and that the MC achieves the targets it has set for itself in timely manner. Such efforts deserve the whole-hearted support of all of us in order to be effective and sustainable.

The newsletter is a very good instrument for keeping abreast of all the happenings in the colony and being part of every resident's good and bad times in a collective and communal manner. I wish the editorial team all the best in this endeavour and the readers enjoyable reading with every issue.

## In this issue:

Community Living  
PAGE 01

Happenings of the Month  
PAGE 02, 03, 04, 05

Know Your Neighbours!  
PAGE 06

Health Notes  
PAGE 07

Nature Notes  
PAGE 08

# CCTV Surveillance Arrives!

An effectively installed and managed CCTV system helps in crime prevention and detection, and safeguards the safety and security of citizens and their property. It also discourages anti-social behavior and promotes a conducive environment for community living. With stray incidents of thefts and burglaries emerging, and in response to advice by the Police Department, the MC decided to implement a CCTV Surveillance System for the colony.

**The launch of the CCTV system was a grand event attended by several dignitaries including the Hon. MLA, Corporators, DCP, ACP and the society members.**



A few suppliers were invited to examine the colony layout and suggest a suitable network design. It was determined that the network needs to cover all entry and exit points of the colony, internal roads and junctions. After extensive discussions with multiple suppliers, a decision was taken to install a 32 camera network with auto online recording facility of 25 days. The specifications for the cameras and related hardware were decided after assessing the performance similar systems in other townships. A UPS back up for the monitoring and recording system has also been included. The cameras and switching hardware have been installed by mounting them onto the existing electric poles.

Shri R Vijaya Kumar (No. 59, Ushodaya Enclave) provided valuable guidance on the technical specifications and installation process and continues to support the administration of the system.

The CCTV Surveillance System was commissioned on 13 August 2021. The dignitaries at the event included the DCP and ACP from the Cyberabad Zone of the Police Department. Both the officials expressed their appreciation of the design and execution of the system.

The performance of the system has so far been satisfactory, and will be fine tuned, based on feedback, after an observation period of 3 months. If the performance overtime is found satisfactory, the CCTV Surveillance System may be extended to other areas in the colony, budget permitting.

As per the AP Public Safety (Measures) Enforcement Act 2013, amended in 2014 and enacted by the Government of Telangana, the community or group of individuals are responsible to invest in CCTV Surveillance Systems to protect their neighborhood for their own safety and security.

The Hyderabad Police Department actively encourages housing societies to implement CCTV Surveillance Systems.

## Our Own Website! ([www.bhelhig2.in](http://www.bhelhig2.in))

**Genesis:** The idea that the Society must have a website for external and internal communication was suggested to the Management Committee (MC) by Shri R K Wanchoo. The MC responded positively and circulated to members its decision to have a website on 23 July 2021. The domain name [bhelhig2.in](http://www.bhelhig2.in) was registered the very next day. The draft website was developed in-house, with the initiative of volunteer members such as CA K J Roy (No.39, Ushodaya Enclave). Based on feedback from the MC, it was further refined and was launched on 13 August 2021 (see the article 'MLA Launches CCTV System & Website' on page 4).

**Key Contents:** The main page of the website welcomes visitors with scrolling images of recent happenings. The menu options include: Vision Mission Values; About Us; Management Committee Team; Gallery of photos and videos; Contact Us; Layout map of Ushodaya Enclave; Society map from Google Maps; Useful Links (GHMC, HMWSSB, TSPDCL, Co-operative Societies Act and Rules) and Members' Corner.

**CA K J Roy being felicitated for his efforts in developing and managing the Society Website (15 August 2021)**



**Member's Corner:** The Member's Corner provides a range of useful resources to members, including: postings of available rentals, phone contact details of all Society members, key phone numbers (e.g., local political representatives, police, empanelled hospitals, service providers, etc.), circulars issued by the MC, the Ushodayam newsletter issues, etc. It also has a section on 'Dos and Don'ts' for members and a section on the services that the Society strives to provide to its members. A section on Members Dues provides details on the maintenance charges, the month from which payments are due, discount for early payment, the Society's bank account details for online payment, etc. There is also a provision for a member to log in and update his/her payment details.

**Future Plans:** The website is being constantly upgraded and some of the features that are planned for inclusion in the near future include: enabling members to file complaints and follow-up on their status, display of the Society's financial details (e.g., monthly receipts and payments), provision for members to send inputs to the Ushodayam newsletter, etc.



A 4 PAGE BOOKLET ON THE BIRDS OF USHODAYA ENCLAVE IS AVAILABLE ON THE WEBSITE. IT IS A PICTORIAL GUIDE TO SOME OF THE COMMON AND NOT SO COMMON BIRDS IN OUR COLONY.

## MLA launches CCTV System & Website

The website and CCTV Surveillance System were launched on 13 August 2021 by the Hon. MLA and Govt Whip Shri Arekapudi Gandhi in the presence of Smt V. Pujitha Goud (Corporator - Hafeezpet), Shri V Jagadeeshwar Goud (Corporator - Madhapur), DCP Shri M Venkateshwarulu, ACP Shri S Krishna Prasad, Shri R K Wanchoo, Management Committee and Society members.

The launch event started with a formal welcome of the dignitaries by the MC members. The Hon. MLA then inaugurated the Society Website. A presentation on the salient features of the Society Website was made by Shri R K Wanchoo, while Shri AVM Rao (No. 92, Ushodaya Enclave) gave an overview of the financial details accessible through the website.

The CCTV Surveillance System was then inaugurated by the Hon. MLA, who in his address appreciated the efforts of the MC in improving information exchange and safety in the colony. He said that the CCTV Surveillance System would enable quick investigation of any anti-social activity by the police. He further promised that works to improve the drainage situation in the colony would be taken up in the near future. The DCP addressed the gathering and expressed appreciation about the Society Website and the CCTV Surveillance System. The Corporator Shri Jagadeeswar Goud appreciated the unique features of the Society Website. The dignitaries made a special mention that they would share these efforts by Ushodaya Enclave, with other societies, as a good practice for them to emulate. The event concluded with a Vote of Thanks from the MC members.

**"Ushodaya Enclave's initiatives to enhance information sharing and safety are good practices that other Societies must emulate."**

- Hon. MLA Shri Arekapudi Gandhi

## 75th Independence Day

The 75th Independence Day was celebrated in at the 'B Padmanabhaiah Bhavan' in Ushodaya Enclave. Secretary Shri D Narasimha Goud hoisted the National Tricolor and this was followed by the National Anthem. Patriotic songs were rendered by Treasurer Shri D Nageshwar and Shri U Sridhar (No. 80, Ushodaya Enclave). President Shri T Nageshwara Rao briefed the audience about the ongoing activities of the society. Shri AVM Rao gave an overview of the internal financial audit conducted recently. The Guest of Honor Shri G V Rami Reddy, Retd Executive Director, BHEL, (No. 13, Ushodaya Enclave) expressed happiness on the development works and improved working systems initiated by the MC. Shri AVM Rao and CA K J Roy were honoured for their valuable services of conducting the internal audit and developing the Society Website respectively.



Where the mind is without fear  
and the head is held high  
Where knowledge is free  
Where the world has not been  
broken  
up into fragments by narrow  
domestic walls;  
Where words come out from the  
depths of truth;  
Where tireless striving  
stretches its arms towards  
perfection;  
Where the clear stream of  
reason  
has not lost its way into the  
dreary desert sand of dead habit;  
Where the mind is led forward  
by thee into ever widening  
thought and action-  
into that heaven of freedom,  
my father,  
let my country awake.

- Rabindranath Tagore





## Album

1. PRESIDENT SHRI T NAGESWARA RAO WELCOMING THE HON. MLA SHRI AREKAPUDI GANDHI.



2. SMT P M MALATI (NO.30, USHODAYA ENCLAVE) WELCOMING THE CORPORATOR - HAFEEZPET, SMT PUJITHA GOUD.



3. VICE-PRESIDENT SHRI PURNACHANDRA RAO WELCOMING THE CORPORATOR - MADHAPUR, SHRI JAGADEESHWAR GOUD.



4. SHRI R K WANCHOO BRIEFING THE DIGNITARIES AT THE LAUNCH EVENT ON 13 AUGUST 2021.



6. SHRI G V RAMI REDDY PAYING RESPECTS TO THE NATIONAL FLAG ON 15 AUGUST 2021.



7. SHRI AVM RAO BEING HONOURED FOR HIS VALUABLE SERVICES TO THE SOCIETY ON 15 AUGUST 2021.



8. MC AND SOCIETY MEMBERS AT THE 75TH INDEPENDENCE DAY CELEBRATIONS.

# Know Your Neighbours!

## NEIGHBOURS IN H.NO. 01

Shri Satish and Smt Bindu, members residing in H.No.1, Ushodaya Enclave have been living in the colony for the past four years. They consider themselves fortunate to have 8 loving pets - whom they adore as their own children. They are self employed and see themselves as learners. They are also avid gardeners, trying out small space gardening techniques. They like to keep life simple and take each day as a learning lesson!



## NEIGHBOURS IN H.NO. 02

Shri T Anandrao is a retired General Manager (Maintenance & Services, BHEL). He holds a BE(ECE), MBA, PG Diploma in Computer Methods and Programming and a Diploma in German Language. He took on leadership roles since his student days. The Society benefitted from his valuable services, initially as Secretary and then as President, for about a decade.



Smt T Bharathi is an accomplished academican holding MA (Economics) and MA (Public Administration and Urban Development). She served as a lecturer at the RBV Reddy College in Hyderabad. She now enjoys gardening in her spare time.



Their son, Shri T Sumanth, holds a BE(ECE), MBA from Boston, USA, and is working as Vice President in State Street Bank & Trust Company, Boston, USA.



Their daughter Dr. Sudhamshi Toom, did MD (Internal Medicine) from New York, USA, and holds a Fellowship in Hematology and Oncology, USA. She works for UPMC Hillman Cancer Centre at Harrisburg, PA, USA.



## A Request

THIS SECTION IS DEVOTED TO INTRODUCING THE SOCIETY'S MEMBERS. THE MC CONTACT POINT WILL APPROACH MEMBERS (IN SEQUENTIAL ORDER AS PER THE H.NO.S) FOR DETAILS EACH MONTH. WHILE SHARING YOUR DETAILS, KINDLY NOTE THE FOLLOWING:

PLEASE SHARE YOUR DETAILS IN A SINGLE WHATSAPP MESSAGE OR IN A SINGLE EMAIL MESSAGE.

PLEASE SHARE A FAMILY PHOTO OR 2-3 SEPARATE PHOTOS.

PLEASE ADD INFORMATION ON YOUR FAMILY'S INTERESTS AND HOBBIES, SO THAT WE ALL KNOW YOU BETTER.

THANK YOU!



# Health Notes - COVID-19 in Children

**A NOTE FROM DR. D. NAGESH, MBBS DCH, PEDIATRICIAN**

COVID-19 is probably the most researched and discussed disease on the internet and on social media. While the readers would already know a lot about it, here are some key facts to review and remember.

There is a fear that the third wave of the disease will affect children more. This is because children are not vaccinated yet, and hence, could be affected. However, the risk can be minimized by taking precautionary measures (MASK).

Remember – all fevers are not COVID-19 – a lot of fevers and illnesses like flu, HFM disease, viral fever, dengue and acute gastroenteritis are prevalent these days.

In children, the first symptoms of COVID-19 may be fever, dry cough, muscle aches, and malaise. In moderate to severe cases, loss of smell, taste, cough, sore throat, breathlessness, body rash and loose motions may be seen. As these symptoms are also seen in viral infections, it is necessary to take the RT-PCR test to confirm presence or absence of COVID-19, in case there are COVID+ cases in/around the house, there has been exposure to crowded places and there is history of travel.

Mild cases with fever, cough, cold may be treated at the house. The child needs to be confined to a separate room for 14 days – and parents must use masks and practice frequent hand washing while interacting with the child. Observe oxygen saturation levels and any signs of breathlessness. If oxygen saturation falls to less than 95%, consult a doctor. Give the child a lot of liquids, paracetamol, mild cough syrup and Vitamin C as per the doctor's advice. In case of breathing difficulty, oxygen saturation falling to less than 90%, no intake of liquids, scanty urine, and body rash the child should be admitted to a hospital.

Treatment is only symptomatic and corticosteroids, oxygen, IV fluids and immunoglobulin are given depending on the condition. Remdesivir injection has no role in the treatment of COVID-19 in children. Self medication is highly dangerous - please avoid taking steroids and antibiotics without consulting a doctor.

Vaccination for children above 12 years of age has now been approved and may be available soon. Vaccination for children above 2 years of age is currently under trial and may be available in September 2021. Fortunately, children in India have good immunity and recovery rates are high. Following safety measures (MASK) will help in preventing the disease and in improving the recovery rate.

## **MASK**

**(a) wearing a Mask - any cloth mask or N95.**

**(b) Avoiding gatherings and crowded places.**

**(c) Sanitizing hands - washing with soap and water or sanitizer.**

**(d) Keeping a safe distance of 6 feet.**

# Nature Notes

## BIRD OF THE MONTH

### Tailor Bird

A little bird, very commonly seen in our colony, is the Tailor Bird. It is slim and trim looking, and is smaller than a sparrow in size. But its call is loud, sharp and clear (and sounds like 'two-witt' 'two-witt' repeated several times). The Tailor Bird has greenish upper-parts (wings and tail) and creamy white underparts (throat and abdomen). It has a rusty red patch on its forehead. Both the male and female birds look alike. Tailor Birds feed on small insects. An interesting thing about these little birds is their nest. True to its name, the Tailor Bird 'stitches' leaves to make its nest. Its beak is the 'needle' and plant fibres that it collects make up the thread. The leaves are stitched to make a pouch, inside which a cozy nest is made. Both the male and female birds share the duty of feeding the young.



Photo credit: Shantanu Kuveskar



Photo credit: J M Garg

## TREE OF THE MONTH

### African Tulip Tree

(*Spathodea campanulata*)

This tree with its bright Orange-Red flowers and dark green foliage looks impressive in the flowering season.

It is a native of the tropical dry forests of Africa - but has now spread all over the world - partly due its popularity as an ornamental tree.

The Telugu name for this tree is 'Neeti Budda' probably referring to its water-filled buds that can squirt water, and are hence popular with children as a natural toy. Its nectar makes the tree a popular feeding site for birds.



Photo credit: Shagil Kannur



Photo credit: Vinayaraj

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## Ushodayam

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